

## Brad Nieder, MD The Healthy Humorist®

DOCTOR SPEAKER COMEDIAN

## PROGRAM INFORMATION: "LAUGHTER IS THE BEST MEDICINE"

Dr. Brad Nieder's signature keynote—"Laughter is the Best Medicine"—is funny! The healthcare humor will tickle your funny bone and have you laughing. "The Healthy Humorist®" has been known to skewer such topics as healthcare lingo, diet plans, pharmaceutical ads, medical marijuana and scrubs. He's even been known to break into song!

Not just your standard comedy show, though, the program is uplifting, too. You may find yourself committing to lightening up and laughing more. Or to adopting a new healthy habit.

It's also educational ... but not in a boring way. You'll laugh as you learn why laughter really is good medicine ... for combating stress, feeling better and living longer. And Dr. Brad always dispenses some wellness advice, too, in an entertaining manner unlike any other doctor you've encountered.

So that's it in a nutshell: a funny doctor who delivers healthcare comedy, an inspiring message and valuable information. You'll be feeling better in no time!





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